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# BREAKFAST MENU

AVAILABLE FROM  
7AM-11.30AM DAILY

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## SOUTHERN'S BENEDICT 14.95

Soft poached free range Nindigully eggs on seeded rye blend sourdough served with a hollandaise sauce.  
- Choice of shaved ham, bacon, salmon (\$2 extra) or spinach

## BREAKFAST PIE 9.95

Beef, bacon, egg, ale and camembert cheese pie served with pot of homemade relish

## VEGETARIAN BENEDICT 15.95

Soft poached free range Nindigully eggs on seeded rye blend sourdough, roasted tomato, sautéed onion and mushrooms served with hollandaise sauce

## FRENCH RAISIN TOAST 15.95

Cooked on the flat grill, finished with a classic cinnamon sugar served with bacon and spiced strawberry compote with vanilla ice cream

## WELLBEING BREAKFAST 16.95

Poached eggs, mushrooms, spinach, tomato, dairy free hommus, avocado, asparagus,  
optional gf bread \$1.50

## OMELETTE 16.95

Open omelette with shaved leg ham, tomato, spinach and cheese

## AVOCADO ON SOURDOUGH 13.95

Simply two slices of seeded rye blend sourdough with seasoned avocado, lemon wedge and rocket

## SMOKEY HOUSE BEANS 16.95

Our homemade slow-cooked beans, two poached eggs, slice of toasted sourdough and two Cumberland sausages

## TOOWOOMBA-FAMOUS \$12 BREAKFAST 12.00

Two eggs, door stop toast, two Cumberland sausages, bacon rasher, hash brown and semi-dried tomatoes

## NUTELLA WAFFLES 16.95

Classic Belgian waffles served with vanilla ice cream, toasted almonds, chocolate sauce and strawberries

## CARMEN'S TOASTED MUESLI 10.95

Bowl of gluten free grains mixed with fruit and nuts with added banana chips, coconut shavings and choice of full cream milk or soy milk.

## THICK RAISIN TOAST (depending on options) 5.95

Two slices toasted served with the 'choicest butter'

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### ADD ONS

- roma tomato ■ hash brown ■ fresh spinach ■ spanish beans ■ egg (1) 1.50 EA
- grilled haloumi ■ bacon rashers (2) ■ breakfast sausage (2) 2.50 EA
- chorizo ■ sautéed mushrooms
- fresh avocado ■ smoked salmon ■ shaved leg ham off the bone 3.50 EA

 GLUTEN FREE

 DAIRY FREE

 VEGETARIAN

 VEGAN

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### ALLERGEN STATEMENT

Please be aware that there is always a risk that traces of allergens may be transferred to items from our menu during processing, storage or preparation in our kitchens. For these reasons Southern Hotel are therefore unable to guarantee that any item sold is free from traces of allergens. Chips and GF products are cooked in the same equipment so some trace levels of cross contamination may occur.

LUNCH AVAILABLE 11AM-5.30PM, 7 DAYS

## BREADS

- GARLIC CRUST PIZZA** **V** 9.50  
House-rolled dough, confit garlic puree, mozzarella, parmesan
- STONE-BAKED CHEESY COBB LOAF** 12.50  
Spicy caramelized onion, roasted capsicum, bacon and sour cream filling

## ASIAN INSPIRED SHARE PLATES

*WE SUGGEST 3 TO 4 PLATES BETWEEN TWO*

- CRISPY CHICKEN WINGS (5)** **DF** 9.95  
Sweet and spicy chilli sauce, spring onion, sesame
- CARAMELISED STICKY PORK BELLY (4)** **DF** 12.95  
Green papaya salad, hot and sour dressing
- GARLIC AND PEPPER FRIED SQUID** **DF** 11.95  
Shredded iceberg and Thai herb salad
- BEEF AND GINGER POT STICKER DUMPLINGS (5)** **DF** 12.95  
Spring onion, chilli, Chinkiang black vinegar dipping sauce
- CRISPY FRIED EGGPLANT** **V** **DF** 9.95  
Miso, mizuna, ponzu dressing, sesame
- KOREAN-STYLE BBQ PORK** **DF** 12.95  
Daikon salad, spicy ssamjang
- BEEF BRISKET BAO (3)** **DF** 12.95  
Pickled cucumber, coriander, hoisin sauce, steamed buns
- FRIED CRAB WONTONS (4)** **DF** 14.95  
Bean shoot salad, nuoc cham
- STEAMED JASMINE RICE** **V** **DF** **GF** **Veg** 5.00

## PIZZA

- SALUMI** 16.95  
Rich sugo base, shaved Sopressa, mushrooms, rocket, olives
- CHILLI PRAWN AND CHORIZO** 19.95  
Rich sugo base, chilli marinated Australian prawns, Spanish chorizo, roasted capsicum
- EGGPLANT AND ARTICHOKE** **V** 15.95  
Bianco sauce base, charred eggplant, artichoke hearts, mushrooms, roasted capsicum
- CARNIVORE** 18.95  
Smokey BBQ sauce base, slow cooked beef, chorizo, ham, shallots

## KIDS MEALS 12 yrs & under ONLY

(dessert + 7oz drink included - see waitstaff for details)

- Crumbed Chicken Nuggets (6) **DF** 10.95
- Battered diver whiting fillets (5) **DF** 10.95
- Cheeseburger 10.95
- Bacon, mac & cheese 10.95
- 150g Rib Fillet steak **GF** 13.95
- Ham, cheese and pineapple pizza 10.95

All kids' meals are served with your preference of **chips and salad** **DF** or **mash potato and vegetables** **GF**

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## PASTA

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**CHICKEN AND CHORIZO PAPPARDELLE** 25.95

Sautéed chicken, Spanish chorizo, tomato, roasted capsicum, rocket, parmesan

**PAPPARDELLE CARBONARA** 24.95

Sautéed bacon, onion, garlic, white wine cream sauce, parmesan, chives

**CRAB AND PRAWN LINGUINE** 31.95

Mooloolaba spanner crab meat, Australian prawns, tomato, chilli, lemon, chives

## ALL DAY CLASSICS

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**BATTERED REEF FISH**  25.95

Coated in a crispy batter served with potato scallop, chips, house salad, tartare sauce, lemon

**ROAST OF THE DAY**  (GF on request) 15.95

Carved by the chef served with chat potato, roasted pumpkin, steamed vegetables, gravy

**CHICKEN AND PROSCIUTTO PARMIGIANA** 23.95

Chicken breast schnitzel, Prosciutto di Parma, Napoli sauce, melted mozzarella, house salad, chips, gravy

**MARKET FISH**  29.95

Potato rosti, braised fennel, asparagus, sauce vierge

**WILD MUSHROOM RISOTTO**   24.95

Sautéed mushrooms, leek, carnaroli rice, porcini butter, parmesan

**PAN ROASTED LAMB RUMP**  31.95

Beetroot puree, roasted kipfler potatoes, Persian feta, asparagus, red wine jus

**CHICKEN, BRIE AND BACON FILO PARCEL** 20.95

Chicken breast, brie cheese, bacon, filo pastry, house salad, chips

## SALADS

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**CAESAR SALAD**  (GF on request) 18.95

Crisp cos lettuce, bacon, croutons, poached egg, parmesan and house-made dressing

■ Add Chicken 5.95 ■ Add Smoked Salmon 6.95 ■ Add Prawns (5) 6.95

**QUINOA, BEETROOT AND FETTA SALAD**     (DF Veg on request) 18.95

Quinoa, roasted beetroot, mesclun leaves, avocado, Persian feta, mint, orange segments, hazelnuts, red wine vinaigrette

■ Add Chicken 5.95 ■ Add Smoked Salmon 6.95 ■ Add Prawns (5) 6.95

**THAI BEEF SALAD**   19.95

Char grilled rump steak, mesclun leaves, bean sprouts, cucumber, cherry tomato, red onion, green papaya, coriander, mint, Thai herb dressing, ground roasted rice, crispy shallots

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 VEGAN

LUNCH AVAILABLE 11AM-5.30PM, 7 DAYS

## BURGERS

### RIB-EYE STEAK SANDWICH

19.95

Thick slice toast, char grilled quality rib-eye steak, iceberg, tomato, caramelised onion, beetroot, cheese, bacon, fried egg, BBQ sauce, aioli with chunky fries

### BIG SOUTHERN BURGER

18.95

Toasted potato bun, two grilled house-made beef patties, bacon, cheese, iceberg, tomato, caramelised onion, chipotle mayonnaise with chunky fries

### CHICKEN SCHNITZEL TORTILLA WRAP

17.95

Warm wheat tortilla, chicken breast schnitzel, avocado, iceberg, tomato, red onion, chipotle mayonnaise with chunky fries

### CHICKPEA FALAFEL TORTILLA WRAP V (DF on request)

17.95

Warm wheat tortilla, three house-made chickpea falafels, iceberg, tomato, red onion, cucumber yoghurt, harissa with chunky fries

## GRILL

### 180G PETITE EYE FILLET MIGNON GF

29.95

### 400G RIB FILLET ON THE BONE GF

36.95

### 500G RUMP GF

34.95

#### SERVED WITH

Your choice of chips & salad DF  
or mashed potato & vegetables GF

#### SAUCES

mushroom, pepper, Diane, creamy garlic GF,  
red wine jus GF DF, gravy GF DF

## STEAK TOPPERS

Crumbed onion rings DF

4.00

Grilled bacon DF GF

3.00ea

Creamy garlic prawns (4) GF

7.95

Crumbed prawn cutlets (4) DF

6.95

## SIDES

Bowl of chips V DF

5.00

Classic garden salad V DF GF Veg

5.00

Creamy mashed potato V GF

6.00

Seasoned steamed vegetables V GF (DF Veg on request)

5.00

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DF DAIRY FREE

V VEGETARIAN

Veg VEGAN

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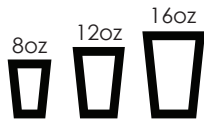
## COFFEE

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Cappuccino	4.15
Flat White	4.15
Latte	4.15
Long black	3.85
Macchiato	3.95
Mocha	4.15
Affogato	5.50
Vienna	5.05
Hot chocolate	4.15
Chai latte	4.15
Iced Coffee	6.50
Iced Chocolate	6.50

Add flavoured syrup 1.00  
*Caramel, macadamia, vanilla or hazelnut*

Lactose free milk	1.00
Soy milk	0.50
Extra shot	1.00
Mug charge	1.00



### TAKEAWAY

Small	3.85
Medium	4.40
Large	5.95

## TEA

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English Breakfast, Earl Grey, Chai, Lemongrass and Ginger, Peppermint, Spring Green, and Chamomile

## SOFT DRINK

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Post mix 15oz	4.90
Coke, Coke Zero, Sprite, Lift, Fanta, Ginger Ale, Soda Water	
Lemon Lime & Bitters	5.80

Coke or Coke Zero Can 375ml	4.50
Cascade Ginger Beer 330ml	3.60
Appletiser 250ml	4.50
Tonic water 300ml	3.60
San Pellingrino sparkling 500ml	8.00

## SMOOTHIES

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### STICKY DATE

Dates, Banana, Cinnamon, Caramel and Vanilla Ice cream

### BLACK FOREST

Cherries, Raspberries, Chocolate, and Vanilla Ice cream

### COOKIES & COCONUT CREAM SHAKE

Oreo cookies, Coconut Milk, Chocolate, and Icecream

\$8.95 EACH

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## FRESH SQUEEZED JUICES

Any combination of 3:

Apple, orange, pineapple, carrot, ginger, celery, watermelon

**\$8.50 EACH**  
**ADD EXTRA \$1.00 EACH**

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## BOTTLED JUICE VARIETIES

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Apple, orange, pineapple, and cranberry

\$4.95 EACH

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## MILKSHAKES & THICKSHAKES

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Chocolate, caramel, vanilla, lime, strawberry

Milkshake	7.95
Thickshake	8.95
Babyshake	3.65



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PLEASE ASK OUR FRIENDLY STAFF FOR A WINE LIST

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